

DIE FAKULTÄT FÜR PSYCHOLOGIE

LÄDT EIN ZUM

6. HECKHAUSEN KOLLOQUIUM

MIT DEM GASTREDNER



Herrn Prof. Dr. Bram Vervliet

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„FEAR REGULATION: FROM PASSIVE EXTINCTION TO ACTIVE AVOIDANCE“

It is adaptive to fear stimuli that signal imminent danger and to stop fearing these stimuli when they no longer signal danger. The topic of extinction research is to investigate the mechanisms of fear reduction when passively observing such change in contingency. But, we can also actively intervene and change contingencies by executing actions that prevent the signaled danger. Such avoidance behaviour is an active form of fear regulation that is adaptive when it serves to protect against imminent danger, but becomes maladaptive when it is not appropriate to the actual level of threat. In this presentation, I will describe how the well-known extinction mechanism of fear regulation guides novel research into the development of maladaptive avoidance.

Termin: Mittwoch, 20. November 2019 – 16 Uhr c.t.

im Veranstaltungszentrum – Raum 2 (Bistroebene)

**Prof. Dr. Jürgen Margraf
Der Dekan**